

# Maine Nutrition Council

Maine Nutrition Council (MNC) Quarterly events are free to members. If you are not a member of MNC, you can attend this event by joining. For membership information contact Renee Page at [rpage@mcd.org](mailto:rpage@mcd.org).

## **Participant-Centered Services: Implementing a New Nutrition Education Model in the Supplemental Nutrition Program for Women, Infants and Children (WIC)**

Karen Deehey, MS, RD Senior Policy Associate, Altarum Institute

**Thursday, January 13, 2011**

**9:00-11:00**

**Department of Health and Human Services, Conference Room C  
41 Anthony Avenue, Augusta, ME**

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### **Agenda**

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| 8:45       | Moring Munchies  |
| 9:00-11:00 | Karen Deehey, MS, RD - Participant-Centered Services: Implementing a New Nutrition Education Model in the Supplemental Nutrition Program for Women, Infants and Children (WIC) |
| 11:30-1:30 | MNC Board of Directors Meeting   |

After completion of this session, MNC members will be:

1. Oriented to Altarum's Participant-Centered Services (PCS) model, with its domains and features, for an understanding of the comprehensive, systems approach to WIC's nutrition service model.
2. Able to identify differences between participant-centered education and the traditional didactic nutrition education approach and will recognize the value of the PCS nutrition approach.
3. Introduced to an online PCS Implementation Toolkit and its potential for utilization in WIC programs and other public health nutrition programs.

### **RSVP**

**by January 10, 2011**

to Kate Yerxa: 581-3109 or [kate.yerxa@maine.edu](mailto:kate.yerxa@maine.edu)

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### **Directions to Department of Health and Human Services 41 Anthony Avenue, Augusta, ME**

#### **From the North**

Take Exit 112 off I- 95 (Augusta/Belgrade and Civic Center exit)  
Take a right onto Civic Center Drive /ME-11/ME-27/ME-8  
Turn left at Darin Drive  
Turn left at Anthony Avenue

#### **From the South**

Take exit 112B for ME-27 N/ME-8 N/ME-11 N toward Augusta/Belgrade  
Turn right onto Civic Center Dr/ME-11/ME-27/ME-8  
Turn left at Darin Drive  
Turn left at Anthony Avenue